

## PATIENT INSTRUCTIONS ON WOUND CARE

You are experiencing an acute radiation skin reaction in the treatment area. This reaction is normal and expected. It may get worse over the next 5 to 10 days. Healing should then begin to take place.

Dressing to the treatment area is as follows every 2-3 days or more frequently if required:

1. Wash your hands
2. Clean with a very weak solution of Savlon antiseptic liquid and warm water
3. Rinse with clean water and dry
4. Cover area with Mepilex dressing
5. Wash your hands

Please avoid using tape, gauze or **Mefix** directly on the skin as it is quite fragile at this time.

Should you be concerned at all about your wound, please do not hesitate to contact the nursing staff at 051 337444.

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Radiation Oncology Nurse

UPMC Whitfield Cancer Centre